

Pos	Bib#	Athlete	10yr Age Pos	Team	WA Reg	Gun Time	WELSH CHAMPS TEAM POS
98	190	Linda Woodland	1		Y	1:14:25	1
106	454	Judith Oakley	2	Vegan Runners UK	Y	1:15:06	2
107	379	Vanessa Turnbull	3	Caerphilly Runners	Y	1:15:25	3
132	148	Romana Maine	4	Porthcawl Runners	Y	1:17:57	4
138	276	Julie Scholey	5	Les Croupiers	Y	1:19:18	5
144	262	Jane Ogilvie	6	Brackla Harriers	Y	1:19:54	6
155	211	Denise Bradley	7	Ogmore Phoenix Runners	Y	1:20:51	7
176	292	Karen Phillips	8	Porthcawl Runners	Y	1:23:13	~
188	430	Anna Helsing	9	Penarth & Dinas Runners	Y	1:25:25	8
191	325	Eve Gallop-Evans	10	Les Croupiers	Y	1:25:49	9
198	378	Angela Thorpe	11	Run4All Neath	Y	1:27:14	10
213	467	Susan Ralph	13	Brackla Harriers	Y	1:30:23	11
212	339	Alison Jenkins	12		N	1:30:23	
229	388	Carolyn Windos	14	Cornelly Striders AC	Y	1:32:54	12
232	319	Liz Denton	15	Les Croupiers	Y	1:34:11	13
252	305	Claire Bell	16	Les Croupiers	Y	1:37:17	14
258	250	Sylke King	17	Porthcawl Runners	Y	1:38:15	15
273	332	Louise Hopkins	18	Lliswerry Runners	Y	1:41:09	16
274	375	Tracy Strydom	19	Lliswerry Runners	Y	1:41:09	17
289	420	Julie Evans	20		N	1:44:39	
294	410	Philippa Rocker	21		N	1:45:13	
317	460	Deb Peake	22		N	1:57:59	
323	348	Jacky Lewis	23		N	2:05:37	
325	392	Linda Harris	24	Ogmore Phoenix Runners	Y	2:13:00	~

### W55+ Team - 3 to Score

The following teams finished 3 eligible Welsh qualified scorers who had entered in advance

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1st Les Croupiers RC - 5, 9 & 13 pts - 27pts **GOLD**

Indicates entered on day